PARENT/CHILD CONTRACT

(Child) I promise to:
• Wear my helmet every time I ride my bike.
• Ride on the right, in the same direction as traffic.
• Follow all traffic signals and signs.
• Use correct hand signals.
• Look left, then right, then left again before entering the roadway and at all intersections.

(Parent) I promise to:
• Make sure your helmet and bike fit correctly
• Make sure your bike is working properly
• Teach you the correct hand signals
• Teach you the rules of the road
• Test your ability to ride safely in all situations

SAFE BICYCLE RULES OF THE ROAD
• Always wear a properly-fitted helmet.
• Ride on the right side of the road, with traffic.
• Obey all traffic signs and signals.
• Slow down when you approach an intersection. Look left, look right, look left again, then look over your shoulder before entering the intersection.
• Use proper hand signals when turning to communicate to drivers.
• Wear bright colored clothing to help drivers see you.
• Adjust the bike to fit you and keep it working smoothly.
• ALWAYS ASSUME THAT THE OTHER DRIVER DOES NOT SEE YOU.

BICYCLE DRIVER’S TEST ANSWERS
1. TRUE
   Bicyclist must obey all traffic signs and signals.
2. TRUE
   There is no other safe way to do it.
3. TRUE
   Many people survive crashes because of their helmets.
4. TRUE
   You should be able to clear the crossbar by one inch.
5. B Left  C Right  D Right  A Stop
6. FALSE
   Bicyclists must drive with traffic, in the same direction as vehicles.
7. FALSE
   You should check your bike once a month for cracks in the frame or bent tubes; tire pressure, tread, leaks, wear; wheels that spin freely without rubbing; spokes that are straight and tight; handlebars and seats that are tight and straight; and a chain with proper tightness.

PA Traffic and Injury Prevention Project
Rosetree Corporate Center II
1400 North Providence Rd.
Suite 3007
Media, PA 19063
(484)446-3008

Whether used for recreation or transportation, a bicycle is subject to PA Vehicle Code Sections 3501-3511 and 3336.

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A Bicycle Is Not A Toy!
You Are A Driver
Not Just A Rider
When Operating A Bicycle

Be Safe! Always Wear A CPSC, SNELL, ANSI and/or ASTM Approved Helmet

How to fit a helmet:

1. Place helmet level on the head. It should be snug and cover the forehead.
2. Adjust the helmet straps so when buckled it cannot move from side to side or back and forth.
3. There should be about one finger width of space between the chin and the chin strap.

How To Fit A Bike

1. Lay your arm along the top bar with the elbow touching the seat. Your fingertips should just reach the handlebars.
2. Straddle the bike. There should be about one inch between the top bar and your crotch.
3. Adjust the seat so you can sit on the seat and balance on your toes.

How To Get A Free Bicycle Driver’s License

Carefully read and complete the following questions. To receive your free Bicycle Driver’s License: Fill in the information on the license and attach a small photo. Mail your test and license information to:

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Name ______________________________________
Address ____________________________________
________________________________________
Make of Bike _____ Style/model ______________
Serial #___________ Color ____________________

The owner of this bike has promised to safely maintain the bike and drive in a SAFE, courteous, visible and predictable manner.

Signature ______________________
American Academy of Pediatrics (1-800-CAR-BELT)